

# **JANUARY 2022**

Henderson Junior High

All students eat FREE breakfast and lunch this school year!

### Monday

## TEACHER WORK DAY 3



CHEESE BURGER
CORN DOG
CHIPS
GREEN BEANS
DICED PEACHES
GALA APPLE
MILK



CHEESE BURGER
CORN DOG
CHIPS
GREEN BEANS
DICED PEACHES
GALA APPLE
MILK

POPCORN CHICKEN
FISH STICKS
SIDEWINDER FRIES
PINTO BEANS
DICED PEACHES
GRANNY SMITH APPLE
MILK

### **Tuesday**

# SPAGHETTI BAKED MOZZARELLA STICKS TEXAS TOAST PEAS MIXED FRUIT RED APPLE MILK

BEAN & CHEESE BURRITO
QUESADILLA TACO
SPANISH RICE
REFRIED BEANS
STRAWBERRY CUP
GRANNY SMITH APPLE
MILK

SPAGHETTI 18
BAKED MOZZARELLA STICKS
TEXAS TOAST
PEAS
MIXED FRUIT
RED APPLE
MILK

BEAN & CHEESE BURRITORY
QUESADILLA TACO
SPANISH RICE
REFRIED BEANS
STRAWBERRY CUP
GRANNY SMITH APPLE
MILK

### Wednesday

CHICKEN CHUNKS
CORN DOG
MAC AND CHEESE
GREEN BEANS
STRAWBERRY CUP
GALA APPLE
MILK

POPCORN CHICKEN
FISH STICKS
CRINKLE CUT FRIES
CORN
DICED PEARS CUP
RED APPLE
MILK

CHICKEN CHUNKS
CORN DOG
MAC AND CHEESE
GREEN BEANS
STRAWBERRY CUP
GALA APPLE
MILK

POPCORN CHICKEN
FISH STICKS
CRINKLE CUT FRIES
CORN
DICED PEARS CUP
RED APPLE
MILK

### Thursday

QUESADILLA TACO
BEAN & CHEESE BURRITO
SPANISH RICE
REFRIED BEANS
DICED PEACHES
GRANNY SMITH APPLE
MILK

STEAK FINGERS
ORANGE CHICKEN
CHOW MEIN
PEAS
MIXED FRUIT
GALA APPLE
MILK

QUESADILLA TACO
BEAN & CHEESE BURRITO
SPANISH RICE
REFRIED BEANS
DICED PEACHES
GRANNY SMITH APPLE
MILK

STEAK FINGERS
ORANGE CHICKEN
CHOW MEIN
PEAS
MIXED FRUIT
GALA APPLE

## Friday

LITTLE CAESARS
PIZZA
CHEESE BURGER
CRINKLE CUT FRIES, CORN
DICED PEARS
RED APPLE
MILK

LITTLE CAESARS
PIZZA
CHICKEN SANDWICH
WEDGE FRIES, PINTO BEANS
PINEAPPLE CHUNKS
RED APPLE
MILK

LITTLE CAESARS
PIZZA
CHEESE BURGER
CRINKLE CUT FRIES, CORN
DICED PEARS
RED APPLE
MILK

LITTLE CAESARS
PIZZA
CHICKEN SANDWICH
WEDGE FRIES, PINTO BEANS
PINEAPPLE CHUNKS
RED APPLE
MILK





Welcome back from your holiday break! We are happy you are here.



